

Catch Me If You Can 5K Award Winners
February 9, 2019

5K RUN MALE OVERALL:

1	596	Andrew Papke-Larson	M20-29	17:17
2	603	Gerasimos Kavvadas	M13-15	19:32
3	780	Jason Sullivan	M30-39	19:56

5K RUN FEMALE OVERALL:

1	794	Heather ODonnell	F20-29	20:56
2	600	Virginia Thomas	F30-39	21:02
3	594	Allison Gedney	F20-29	22:29

5K RUN MALE 0 - 12:

1	606	Gus Worford		29:02
2	740	Ethan Arellano		29:11
3	747	Jacob Fyffe		29:43

5K RUN MALE 13 - 15:

1	542	Luis Caballero		21:03
2	504	Andrew Morris		21:55
3	680	Achilles Matchers		24:38

5K RUN MALE 16 - 19:

1	611	Yasha Rieth		23:46
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5K RUN MALE 20 - 29:

1	651	Josh Strobel		22:32
2	535	Ben Tripam		23:49
3	593	Benjamin Hoyer		23:58

5K RUN MALE 30 - 39:

1	720	James Long		21:23
2	558	Aaron Vogt		22:36
3	737	Ryan Neuenberger		23:23

5K RUN MALE 40 - 49:

1	772	Felix Wong		22:02
2	701	Nate Snyder		26:43
3	684	Michael Thompson		26:54

5K RUN MALE 50 - 59:

1	508	Jeff Spiker		21:39
2	634	Mark Ruybal		25:27
3	742	Randall Provencio		25:34

5K RUN MALE 60 - 69:

1	526	John Blair		27:28
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2	653 Phillip Gonzales	34:32
3	691 Carl Wilcox	37:56
5K RUN MALE 70 - 99:		
1	524 Tom Sudduth	28:29
2	626 Roger Rybicka	34:24
3	573 Stephen Lake	39:31
5K RUN FEMALE 0 - 12:		
1	738 Kate Arellano	30:49
2	570 Madeline Frohling	32:03
3	676 Mya Schwindt	35:56
5K RUN FEMALE 13 - 15:		
1	700 Izzy Blackwood	29:10
2	571 Kara Frohling	31:38
3	677 Josie Wilger	39:07
5K RUN FEMALE 16 - 19:		
1	540 Lindsey Caballero	24:31
2	537 Katie Runions	34:45
5K RUN FEMALE 20 - 29:		
1	595 Lauren Papke-Larson	24:01
2	719 Hailey Summers	24:47
3	708 Gabrielle Rentuma	25:41
5K RUN FEMALE 30 - 39:		
1	574 Jackie Schuetz	25:21
2	515 Nicole Thieme	26:47
3	511 Jamie Cole	28:22
5K RUN FEMALE 40 - 49:		
1	661 Loni Gray	24:33
2	519 Samantha Lowndes	25:15
3	758 Shannon Smith	25:32
5K RUN FEMALE 50 - 59:		
1	793 Devonna Reiner	26:45
2	500 Lori Painter	27:45
3	741 Kerry Provencio	28:23
5K RUN FEMALE 60 - 69:		
1	698 Laurie Landolt	31:06
2	788 Deena Lester	36:14
3	658 Vicki Larson	37:19
5K RUN FEMALE 70 - 99:		
1	765 Margaret Neves	35:17