

Polar Bear 5k
January 20, 2018

5K RUN MALE OVERALL:

1	1 Paul Petersen	M30-39
16:52		
2	914 Maxwell Ware	M20-29
17:50		
3	953 Garrett Forsyth	M20-29
18:03		

5K RUN FEMALE OVERALL:

1	441 Ruth Waller-Liddle	F30-39
18:49		
2	3 Abby Depperschmidt	F30-39
19:51		
3	5 Brooke Clayton	F30-39
21:17		

5K RUN MALE 0 - 12:

1	498 Luke Lowndes	22:24
2	754 Jake Devivo	22:35
3	597 Marcus Giles	24:01

5K RUN FEMALE 0 - 12:

1	566 Tori Almanzar	27:46	Leprino
Wellness Warriors			
2	639 Emily Skiba	28:09	
3	755 Josie Devivo	29:56	

5K RUN MALE 13 - 15:

1	590 Luis Caballero	19:40	
2	561 Luka Finz	22:42	
3	617 Steven Orozco	24:11	KAT45

5K RUN FEMALE 13 - 15:

1	967 Karmen Rieger	21:33
2	533 Acacia Sack	24:18
3	815 Sequoia Wadena	24:19

5K RUN MALE 16 - 19:

1	757 Micah Vanderlugt	22:13
2	811 Patrick Donovan	30:32
3	971 Tim Sunset	31:28

5K RUN FEMALE 16 - 19:

1	986 Sara Klenda	26:10	Run
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Dutch Bro Run		
2 591 Lindsey Caballero		27:05
3 987 MacY Horner		29:15 Run
Dutch Bro Run		
5K RUN MALE 20 - 29:		
1 943 Silas Thompson		19:37 Drug
Runners		
2 583 Neil Lovell		20:35
3 958 Aaron Manns		21:45 Shivery
is not dead		
5K RUN FEMALE 20 - 29:		
1 455 Amanda Willoughby		21:46
2 936 Arianna Munro		21:54
3 759 Sarah Newberry		23:18 Manic
Training FoCo Adventurers		
5K RUN MALE 30 - 39:		
1 10 Stephen Castle		18:54 Shivery
is not dead		
2 853 Eric Ziola		19:59 Shivery
is not dead		
3 698 Zachary Wagner		20:29 Manic
Training FoCo Adventurers		
5K RUN FEMALE 30 - 39:		
1 673 Susan Boyle		22:34 Manic
Training FoCo Adventurers		
2 868 Marissa Demercurio		22:43
3 776 Katie Johnson		22:55

Superhero 5k
September 10, 2016

5K RUN MALE 40 - 49:		
1 631 Craig Gundlach		19:17 Manic
Training FoCo Adventurers		
2 662 Doug Skiba		20:20
3 610 James Cotter		21:15
5K RUN FEMALE 40 - 49:		
1 719 Amy Hartley		21:42 Raise
the Cat		

2	443 Krista Sidwell	22:04
3	6 Lynelle Lopez	22:25
5K RUN MALE 50 - 59:		
1	706 Steven Halterman Training FoCo Adventurers	22:29 Manic
2	2 Jacob Liao Ong	23:01
3	408 Greg Hughes	23:46
5K RUN FEMALE 50 - 59:		
1	524 Mercedes Gil	22:05
2	800 Krissy Pottratz	23:53
3	564 Julie Hoskins	25:27
5K RUN MALE 60 - 69:		
1	892 Tracy Shagin	25:30 KAT45
2	965 John Blair	27:55
3	728 Tom Schipper	28:52
5K RUN FEMALE 60 - 69:		
1	710 Elisa Mitchell	30:32
2	980 Deborah Kellogg	30:33
3	539 Cheryl McDonald-Pug	34:21
5K RUN MALE 70 - 99:		
1	648 Peter Skiba	31:55
5K RUN FEMALE 70 - 99:		